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After the slide

Avalanche Week, Part 1 of 5:
How the deaths of seven children near the B.C.-Alberta border changed everything **PAGES 8-9**

STEALING THEIR THUNDER

THE RAINMEN SNEAK UP FROM BEHIND TO ICE THE SUMMERSIDE STORM

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HALIFAX

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Monday, January 28, 2013

News worth sharing.



Here's to another 250 years

History on the move.

Morris House relocation described as template for preservation



HALEY RYAN

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Amid cheers and the clanging of a town crier's bell, Morris House was pulled onto a north-end lot to begin the next stage of its life.

The 249-year-old heritage building ended its two-day-long relocation at about 12:30 p.m. on Sunday as a trailer pulled the house onto the site at Charles and Creighton Streets.

"It's truly amazing," said Joanne Barrett, who was among the small crowd watching the move.

"A couple of times the house sort of teetered a bit... I'm not the world's greatest driver and I can't imagine doing something like this," Barrett said. "This was an opportunity not to miss."

The house was held by four generations of the Morris family, who were chief surveyors of Nova Scotia, and was saved from demolition in 2009 by the Heritage Trust of Nova Scotia.

History lesson

"It's these sort of projects that are exciting."

Historian Blair Beed

It will be transformed into a youth home by the Metro Non-Profit Housing Association.

"There's nothing to say that somebody who stays here won't become an important surveyor or another interesting person in the history of the province," local historian Blair Beed said. "It's going to help other people with their futures."

Dressed in an old-fashioned red-and-gold town-crier outfit, Beed walked with the Georgian-era house en route, ringing a large bell.

He said there's no reason the building won't last for another 200 years, and the city could use Morris House as a template for dealing with other heritage properties.

"It could mean incorporating it into a new development, rather than always saying, 'It's in the way, it's old, let's get rid of it,'" Beed said.

"You can hold it up and say, 'Go to that corner and see how it's working,' and maybe that would encourage people to have less fear about how complicated it could be," he said.



Workers move Morris House to its final destination at the corner of Charles and Creighton streets on Sunday afternoon, after a two-day relocation from the south end of Halifax. **JEFF HARPER/METRO**

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Man arrested after beer-bottle attack at downtown bar

Violent crime.

Dartmouth man suffers minor cuts to face during fight at Toothy Moose



RUTH DAVENPORT
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A 21-year-old man is expected in provincial court on Monday after a fight at a downtown bar that ended with another man getting cut in the face.

Halifax Regional Police were called to the Toothy Moose on Argyle Street around 2 a.m. Sunday after getting reports of two men fighting in the bar.

"It was over when we got there, so some of the guys went inside and spoke with the victim, who was being attended to by EHS," said Sgt. Nancy Rudback.

Rudback said an argument between two patrons escalated until one of them broke a beer bottle and cut the 27-year-old victim's face several times.

The victim, a Dartmouth man, suffered what are de-

scribed as "minor facial lacerations."

"The only thing we don't know for sure is exactly what the altercation is over," said Rudback. "But there's no indication they knew each other prior to going out that evening."

Witnesses helped officers find and arrest a suspect on Argyle Street shortly after they responded to the bar.

A 21-year-old Halifax man was held in custody pending a court appearance Monday on a charge of assault with a weapon causing bodily harm.



A 27-year-old man was injured and a 21-year-old man is facing charges after a fight at the Toothy Moose on Sunday morning. METRO FILE

Court date

Police arrest two after donut-store robbery

A Lower Sackville man and a teen from Herring Cove are facing charges related to the robbery of cash and donuts from a local Tim Hortons store.

RCMP say two men wearing masks walked into the Tim Hortons on Hammonds Plains Road around 11:30 p.m. Saturday. Cpl. Scott MacRae said they demanded cash, and left with some money and donuts.

About an hour later, Halifax Regional Police received a report of two men who were trying to steal cars on Forestside Crescent in Halifax. A K9 unit led officers to two men, and during the arrest, police recovered the cash from the earlier robbery.

A 27-year-old man and 17-year-old boy were remanded into custody and are scheduled to appear in court Monday morning, facing charges of robbery and attempted vehicle theft.

RUTH DAVENPORT/METRO



This show's sexy and she knows it

Performer MiMi Cherry dances on the main stage during the Everything to Do with Sex Show at the Cunard Centre on Sunday. The annual event took place over the weekend and featured seminars, exhibits and a fitness zone all focused on human sexuality. JEFF HARPER/METRO

1 NEWS



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Improving outlooks and futures, one child at a time

North Dartmouth. The Take Action Society grew out of two mothers' desire to improve prospects for children



RUTH DAVENPORT
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The sound of change in north Dartmouth sounds a lot like kids having fun.

On a chilly Monday, members of the Take Action Society giggled and chattered through a game of "the human knot," learning communication and co-operation while untangling their linked arms to stand in a circle.

The Take Action Society was launched by two mothers who wanted to help local kids rise above the neighbourhood's rough reputation.

"We felt the need not only for our own children but for other children," said Take Action co-founder Roseanna Cleveland as kids rolled into Holy Trinity Emmanuel Church.

"We're trying to teach them how they can come together and give back for their own future."

Cleveland and Lyssa Peters set out to start a "friendship club" in 2009, with vague notions of helping neighbourhood kids better themselves.

"We didn't even know how to become a non-profit organ-

Community stories wanted

Your Community At Work is a regular feature appearing on Mondays highlighting people and groups working to make a difference in their community. Send your suggestions to us at metro@metronews.ca

ization. We had no clue on how to do anything," laughed Cleveland, adding she has just a Grade 10 education. "But we were just determined."

Through workshops and seminars, the pair learned how to plan kids' activities, write grant applications and co-ordinate larger projects — all on top of full-time jobs.

In response, the group has grown from 10 children to more than 70, plus a growing army of parent volunteers. The United Way is a major sponsor, and other groups have provided funding for specific projects.

The kids meet twice a week in a church hall, to play games and work through civic-minded activities.

After untangling the human knot, they sketched out problems and potential solutions for the "Dear Halifax" project, earnestly addressing issues of litter, air quality, active transportation and stray animals.

"When I was a kid, I wondered why my mother was always complaining about this 'government,' like who is that?" said Cleveland. "So these guys



From left: Skyanne Peters, Charity Stuart, Daejah Wright and Amber Tonks play the human-knot game during a Take Action Society meeting at Holy Trinity Emmanuel Church. JEFF HARPER/METRO

are learning how it all works and that their voice matters."

Take Action has also launched community projects that include the transformation of an abandoned tennis court into an outdoor classroom and community garden.

Cleveland said the kids' work has helped boost foot traffic in the area, which is fostering a local sense of ownership. "Before, it'd be nothing for the school windows to be smashed out every week," she said. "But (there was) no vandalism there whatsoever all summer long."

Peters and Cleveland are hoping more positive change is in store for Take Action — they're working towards charitable status, and eventually want to expand throughout HRM.

But their primary concern is for the kids, and they hope the lessons they learn translate to successes in life.

"We want to teach them how, that they can support themselves.... It doesn't matter where you live," said Cleveland. "There may be a stereotype about the area where you live ... but you have just as much potential as anyone else."

Volunteering

How you can contribute

Anyone interested in getting involved with Take Action can volunteer or donate time, money or skills — co-founder Roseanna Cleveland isn't picky.

"If you want to come help us because you've got some gardening skills; if you want to come help

teach the kids how to skate, — whatever," she said.

At the moment, the kids are enjoying chilly week-ends on their community ice rink, and Cleveland said donations of helmets or skates would be appreciated.

To arrange a donation or to volunteer, email the group at thetakeactiongroup@live.ca, or call 209-1900. **METRO**

Paying it forward

"Children are our future.... Maybe one day they'll be in the position we are to do this, and (they) can pass it on."

Lyssa Peters, Take Action Society co-founder

A collection of Nova Scotia's best mixologists brought together to create legendary cocktails for guests to imbibe.

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Obit. Nova Scotians mourn death of political pioneer Daurene Lewis

The first black woman to be elected as a mayor in Canada has died.

Daurene Lewis, a seventh-generation descendent of black loyalists, passed away Saturday morning.

Lewis entered politics in 1982 with a run for a council seat in Annapolis Royal. She became the mayor of Annapolis Royal in 1984.

A news release from the Nova Scotia government praises her career, noting she was also the first black woman to run in a Nova Scotia provincial election.

"She was a trailblazer if ever there was one, a true leader and a passionate volunteer — a great Nova Scotian whose advice I valued," stated Premier Darrell Dexter in the release.

Lewis was a member of the Order of Canada, and most recently she was principal at the Nova Scotia Community College IT and Akerley campuses.

"We will come together as a college community to remember Daurene in the



Daurene Lewis CONTRIBUTED

coming days," said NSCC president Don Bureaux in a release. "When we do, we will remember a dedicated leader with a real passion for education, a love of culture and community, and an eye for style and fashion."

Lewis trained as a registered nurse, and had 30 years of experience in the health-care sector.

She also was a former director of the centre for women in business at Mount Saint Vincent University.

THE CANADIAN PRESS



Regional councillors David Hendsbee and Matt Whitman will both table motions addressing tax issues during the weekly council meeting on Tuesday. JEFF HARPER/METRO

Tax reforms on councillors' minds

Pending motions.

Area rates, suburban zones up for discussion



HALEY RYAN
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Two regional councillors will table motions at this week's council meeting that are both focused on making changes to tax rates.

Coun. David Hendsbee is looking for changes that will have all areas "pay and play by the same rules."

Hendsbee wants staff to

Quoted

"It's just a good place to start."

Coun. Matt Whitman
on investigating suburban tax zones

look into dismissing area rates, which charge a local community for the cost of community facilities or public infrastructure, and absorbing them into the General Base Tax Rate.

On Jan. 15, Hendsbee voted against funding to potentially expand the gyms at schools under construction in Eastern

Passage and Cole Harbour, saying the funding should include an area rate — as is typical for community facilities outside the urban core.

"But now there's an inconsistency of application," Hendsbee said. "If they're going to (forgo area rates) to these other schools, then they should do it equally across the board."

He said redistribution will alleviate the burden for districts currently paying area rates but raise the general base rate only "marginally."

Hendsbee said he doesn't anticipate conflict on the request for a staff report, but

the outcome is another matter.

"We'll see how the debate unfolds," he said.

New councillor Matt Whitman is also seeking information on potentially amending taxation zones in his area.

"(In) Glen Arbour, one side of the road would be suburban and the other side rural," Whitman said. "It's just sort of tax fairness — neighbours should be paying the same."

Whitman said the changes will be more administrative than anything, and residents likely won't notice much of a difference.

Springhill. Family loses home to Saturday fire

A family of four escaped unharmed but lost all their belongings when a fire gutted their home Saturday night in Springhill.

Firefighters responded to the blaze around 10 p.m.

A couple and their two children, aged 21 and 11, are staying with relatives.

Canadian Red Cross disaster volunteers have been con-

tacted to offer emergency aid if needed.

There was no immediate word on the cause of the fire.

AMHERST DAILY NEWS

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Over 230 perish in nightclub blaze

Santa Maria, Brazil.
Wall of bodies and toxic smoke prevented revellers from escaping

A fast-moving fire roared through a crowded, windowless nightclub in southern Brazil early Sunday, filling the air in seconds with flames and a thick, toxic smoke that killed more than 230 panicked partygoers, many of whom were caught in a stampede to escape.

Inspectors believe the blaze began when a band's small pyrotechnics show ignited foam sound-insulating material on the ceiling, releasing a putrid haze that caused scores of university students to choke to death. Most victims died from smoke rather than burns.

Firefighters responding to the blaze initially had trouble getting inside the Kiss nightclub because "there was a barrier of bodies blocking the en-

trance," Guido Pedrosa Melo, commander of the city's fire department, told the O Globo newspaper.

Authorities said band members who were on the stage when the fire broke out later confirmed they used pyrotechnics during their show.

Police inspector Sandro Meinerz, who co-ordinated the investigation at the nightclub, said one band member died after escaping because he returned inside the burning building to save his accordion.

"It was terrible inside ... bodies piled atop one another," said Meinerz. "We had to use trucks to remove them. It took about six hours to take the bodies away."

Television images from Santa Maria, a city of about 260,000, showed black smoke billowing out of the nightclub as shirtless young men who attended the party joined firefighters using axes and sledgehammers to pound at the walls, trying to reach those

trapped inside.

Police Maj. Cleberson Braid Bastianello said by telephone that the toll had risen to 233 with the death of a hospitalized victim. He said earlier that the death toll was likely made worse because the nightclub appeared to have just one exit.

THE ASSOCIATED PRESS



Friends and family mourn over one of hundreds brought to a gym for identification. NABOR GOULART/THE ASSOCIATED PRESS

Holocaust Remembrance. Global powers renew vow once more: 'Never Again'

Holocaust survivors, politicians, religious leaders and others marked International Holocaust Remembrance Day on Sunday with solemn prayers and the now oft-repeated warnings to never let such horrors happen again.

Pope Benedict XVI, speaking from his window at St. Peter's Square at the Vatican, advocated constant vigilance.

"The memory of this immense tragedy ... must represent for everyone a constant warning so that the horrors of the past are not repeated, so that every form of hatred and racism is overcome and

that respect for, and dignity of, every human person is encouraged," the German-born pontiff said.

In a statement, U.S. President Barack Obama said that "the United States, along with the international community, resolves to stand in the way of any tyrant or dictator who commits crimes against humanity and stay true to the principle of 'Never Again.'"

As every year, Holocaust survivors gathered in the cold Polish winter at Auschwitz — but they shrink in number each year.

THE ASSOCIATED PRESS

Italian fascism

Mussolini 'did good': Berlusconi

Former Italian Premier Silvio Berlusconi praised Benito Mussolini for "having done good" despite the dictator's anti-Jewish laws, sparking outrage as Europe held Holocaust remembrances on Sunday.

Berlusconi also defended Mussolini for allying with Hitler, which would have seemed the winning side.

Italian laws forbid the defence of fascism and a candidate for local elections pledged to seek prosecution. THE ASSOCIATED PRESS

Plane crash

Bodies to stay in Antarctica for now

Officials have called off efforts to recover the bodies of three Canadians after a plane crash in Antarctica, deeming it unsafe to further disturb the wreckage.

One of the agencies investigating the crash says winter weather will delay recovery until the next Antarctic research season.

The New Zealand Rescue Coordination Centre has said the aircraft may have turned too early while flying through a mountain range. THE CANADIAN PRESS

Be Prepared for Snow!

The snow season is here and the safety of residents is HRM's top priority.

HRM's overnight winter parking ban

The overnight parking regulations will be in effect between December 15 and March 31 and will be enforced from 1 a.m. to 6 a.m. during declared snow and ice operations only.

Weather conditions and clearing operations will determine how long an overnight ban will be enforced. This year, HRM is offering residents the option to subscribe to notifications letting them know when the overnight winter parking ban will be enforced. Residents can subscribe to our CityWatch program to receive phone and email messages by emailing citywatch@halifax.ca or by calling **490-7403** with the following information:

- Indicate that you want to sign up for notifications about the overnight winter parking ban.
- Provide up to two phone numbers and up to two email addresses, or a combination of both.

Provincial legislation

HRM reminds residents that Section 139 of the Motor Vehicle Act requires that people remove their vehicles from the streets, day or night, in the event of a snow or ice event. Vehicles obstructing snow removal or winter maintenance operations can be removed at the owner's cost, regardless of time or date.

To keep up-to-date on all winter operations information including service standards, priority streets, winter parking ban and parking options, visit:

halifax.ca/snow



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THE AVALANCHE THAT

Metro's Avalanche Week

The first in a five-part series

"Avalanche!"

The desperate warning comes as a skier helplessly watches a massive wall of snow cascade towards 14 students, two teachers and a chaperon. But it was too late to get out of the slide's path.

Feb. 1, 2003. Seven students, all 15 years old, died that day in B.C.'s Connaught Creek.

A decade after the most devastating avalanche season on record, the natural phenomenon continues to instil fear, intrigue, curiosity and awe.

The sheer spectacle — and danger — of avalanches remains the same, but much has changed since 2003.

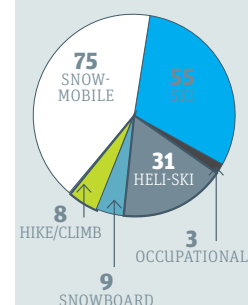
Follow Metro all week as we delve into avalanche safety's darkest day and its lasting legacy on the nation.

We'll bring you stories of personal tragedy and survival, along with in-depth looks at the individuals and institutions working on the front line to keep people safe as more and more people venture into Western Canada's stunning wilderness.



B.C. deaths by activity: '96-'12

SOURCE: B.C. CORONERS SERVICE



Impetus for change

The deadliest avalanche season on record forced Parks Canada to reform the country's avalanche safety systems.

The winter of 2002-2003 claimed the lives of 29 people (25 in British Columbia).

The most shocking incident was the deaths of the seven students in Connaught Creek.

"It was a huge shakeup," said Grant Statham, a mountain-risk specialist hired by Parks Canada to implement 36 recommendations in the aftermath of the slide.

Parks Canada developed world-leading public avalanche and terrain bulletins, provincial and federal governments got involved in funding programs, signage at parks were ramped up, and regulations were put in place dictating where supervised groups of youth could, and could not, access.

The recommendations also led to the creation of the Canadian Avalanche Centre, one of the lasting legacies of the 2002-2003 season.

The changes, unprecedented in scope, were born out of a deep collective pain and the de-

Quoted

"It was definitely a watershed moment for public avalanche safety."

Grant Statham, mountain-risk specialist for Parks Canada

sire to prevent future tragedies.

"One of the most important things was having the parents (of victims) involved," he said. "That was very tough, to work with someone that was grieving so much. There were a lot of fingers being pointed at us."

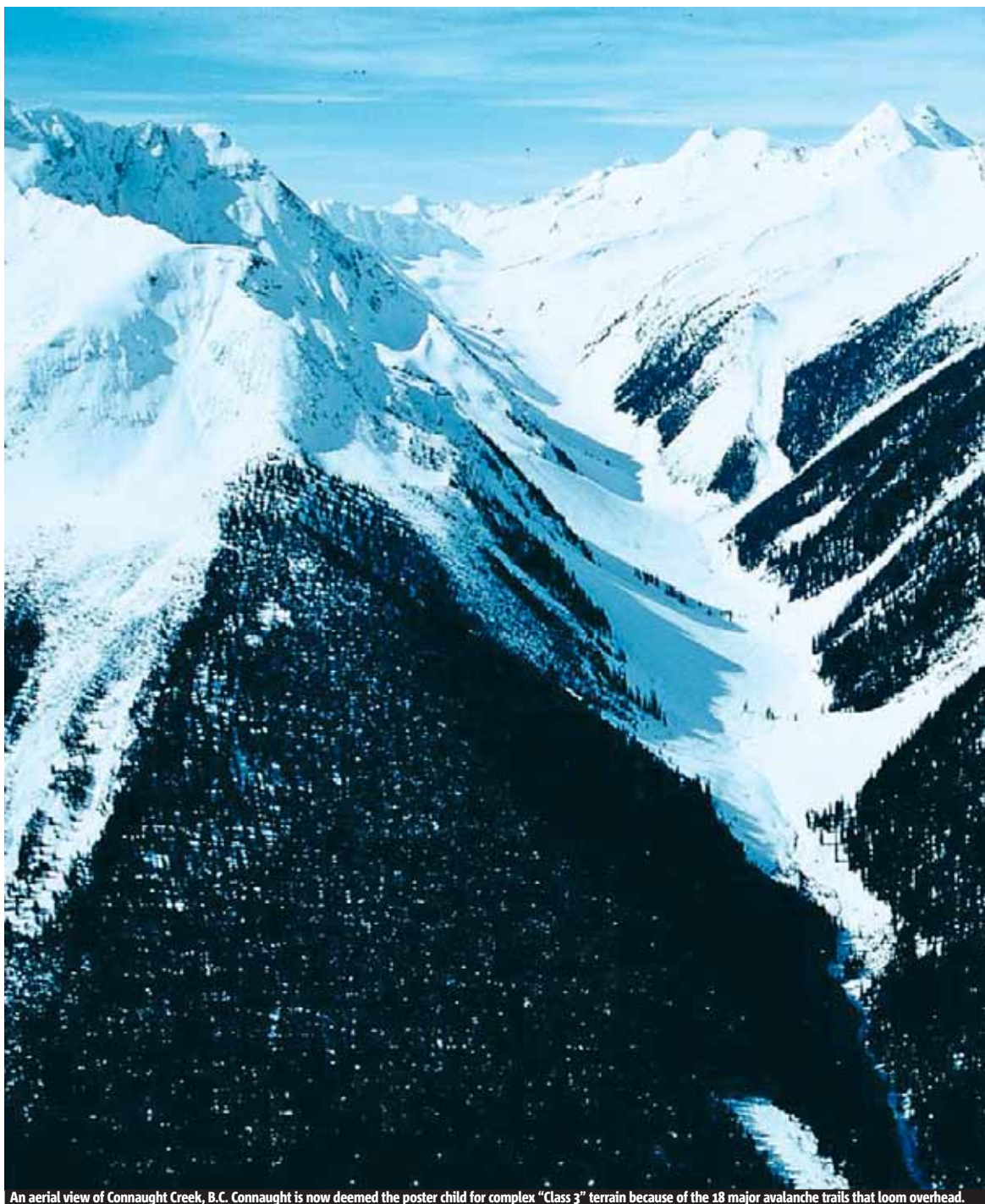
But it was worth it.

Many of the advances in Canada, such as the avalanche danger scale and icons, have since been universally adopted around the world.

Avalanche fatality rates remain fairly steady (averaging around 10 a year in B.C.) even though backcountry use has grown exponentially.

"2003 has affected us deeply," said Statham. "It was a terrible event. But out of that, a lot of good has been done in the 10 years since."

MATT KIETLYKA/METRO IN VANCOUVER



An aerial view of Connaught Creek, B.C. Connaught is now deemed the poster child for complex "Class 3" terrain because of the 18 major avalanche trails that loom overhead.



Scott Broshko



Michael Shaw



Marissa Staddon



Jeff Trickett

CHANGED EVERYTHING



Seven students dead.
Grief pushed parents to fight for better standards



EMILY JACKSON
Metro in Vancouver

For decades, a ski trip along Connaught Creek trail near B.C.'s majestic Rogers Pass was the crown jewel of the school's renowned outdoor education program.

On Feb. 1, 2003, Grade 10 student Daniel Arato was to follow in the tracks of his older brother who a few years before safely completed the overnight trip, run by the prestigious Okotoks, Alta.-based Strathcona-Tweedsmuir School.

But in just four seconds that Saturday morning, an avalanche barreled into the valley as the group crossed, resulting in a tragedy that would forever change Canada's approach to avalanche safety.

Daniel and six other students, all 15 years old, lost their lives.

Seven of their peers, two teachers and one volunteer leader survived, largely due to the immediate rescue efforts of a husband-and-wife pair of mountain guides who happened to witness the avalanche from a nearby slope. All were buried or partially buried under snow the coroner described as "like concrete" in the area's largest avalanche in 25 years.

The tragedy rocked the community as devastated families, friends and teachers grappled with the enormous loss: How could this happen to a group that was equipped with the right gear, well organized, educated in avalanche



Snowshoers head into Seymour Provincial Park Jan. 20, where avalanche signage is impossible to miss.

JENNIFER GAUTHIER/METRO IN VANCOUVER

From 'Enter at your own risk' to a culture of safety

Adjustment in mindset

It was not acceptable to the Aratos that seven deaths were considered within the "normal" range during avalanche season.

"Every year if we had seven kids dying, would that be OK?" Peter questioned Parks Canada in the months that followed. "You need to work on getting the mindset to change."

Parks Canada agreed, and 10 years after the deadliest winter for recreational backcountry users on record, there is a culture of safety in place.

Parks Canada revamped the way risk is measured, rated terrain on its complexity and created separate rules for custodial groups. And any group of children not under parental custody will never traverse the highly complex Connaught Creek trail again.

The Aratos's and the other parents never called for the cancellation of the outdoor education program, but an independent report on the Strathcona-Tweedsmuir School program by consultant Ross Cloutier in June 2003 recommended changes.

He found that it had become more "adventure" than "outdoor" education. Though he concluded most

recreation, commercial and school groups would likely have skied that day, the real question was how much risk a school is willing to take.

The program now accepts a lower level of risk, outdoor education director Bruce Hendricks said.

The school holds extensive briefings for parents, updated its emergency response protocol and holds trip debriefings to seek continuous improvement.

Hendricks gets a dozen requests a year from schools looking to emulate the program, which was accredited by the Association for Experiential Education last year.

EMILY JACKSON/METRO IN VANCOUVER

safety and on a path that hundreds traverse annually?

Daniel's parents, Peter and Judith Arato, say that they,

along with the school and Parks Canada, simply didn't understand or appropriately address the risks associated with the backcountry.

"You send your kids to school, and I think as parents we intrinsically trust that school is not taking any risks with your children," Judith said in an interview, her voice pausing only when she recounted the moment she learned of the accident. "They didn't themselves recognize they were playing Russian roulette with the children's lives."

In the decade since the tra-

gedy, the Aratos's grief pushed them to work with Parks Canada to change the mindset from the "Enter at your own risk" signs posted at national park entrances to a culture of safety.

And though safety improvements won't bring back their son or his classmates Ben Albert, Scott Broshko, Alex Pattillo, Michael Shaw, Marissa Staddon and Jeff Trickett, the considerable safety changes are rewarding.

"We'd be disappointed if there was a tragedy and no one did anything," Judith said.

Exclusively online



Judith and Peter Arato
CANDICE WARD/FOR METRO

The Aratos were shocked by what they saw when they took a helicopter ride over Connaught Creek after the accident. Listen to their story at metronews.ca/features/avalanche-week.



Ben Albert



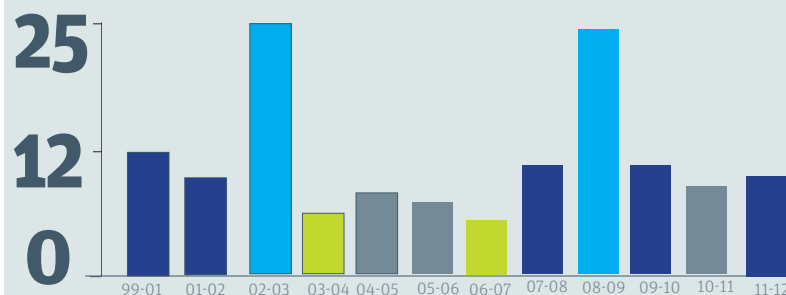
Alex Pattillo



Daniel Arato

Avalanche deaths in B.C. between 1999 and 2012.

SOURCE: B.C. CORONERS SERVICE



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French march for gay marriage

Legalizing same-sex marriage, adoption.
125,000 rally in Paris in support of bill

Tens of thousands of people marched in Paris Sunday in support of a government-sponsored bill that would legalize marriage and adoption for same-sex couples.

Demonstrators waved banners emblazoned with phrases such as "Equality of rights is not a threat." The march drew 125,000 people into the streets, according to police — far less than the estimated 340,000 who opposed the proposal in a protest two weeks ago.

The French government will debate the bill on Tuesday, although it's essentially guaranteed to pass the Socialist-dominated parliament. If the bill is approved, France would become the 12th country in the world to legalize same-sex marriage. **THE ASSOCIATED PRESS**



Alice and Marie, 20, kiss on the cheek in Paris on Sunday as part of a demonstration in support of a bill to legalize same-sex marriage and adoption for same-sex couples. **BENJAMIN GIRETTE/THE ASSOCIATED PRESS**

Kathleen Wynne

Being Canada's first openly gay premier 'exciting'

Ontario Liberal leader Kathleen Wynne says becoming the first openly gay premier in Canada is "historic" and "exciting."

But she says she doesn't want it to overshadow her role in governing the country's most populous province. Wynne says she's not a gay activist and she doesn't plan to spend the next few months talking about it.

THE CANADIAN PRESS

Britain

Short skirts, high heels put women at greater risk of rape: Lawmaker

A British lawmaker's suggestion that young women who wear high heels and short skirts put themselves at greater risk of rape has drawn widespread condemnation.

"If you are blind drunk and wearing those clothes how able are you to get away?" lawmaker Richard Graham was quoted as saying by his local paper.

THE ASSOCIATED PRESS

Investigation

Woman's torso found in Kitchener, Ont., garbage bin

Homicide detectives are investigating after a human torso was found Saturday in a garbage bin in Kitchener, Ont.

Investigators say the torso is that of a white woman of unknown age and identity. They say she wore a black T-shirt with the words "Forget princess I want to be a vampire" on the front. No other body parts were found.

THE CANADIAN PRESS



Perhaps not as tough as he thought?

A competitor emerges from an underground tunnel during the Tough Guy Challenge on Sunday in Telford, England. Every year thousands of people run the eight-mile assault course that involves freezing temperatures, fire and ice. **HARRY ENGELS/GETTY IMAGES**

Fake eagle snatches baby! Views fund scholarship!



A video produced by students at Montreal's Centre NAD appears to show a massive bird plucking an infant off the ground. The school, which teaches 3D animation and digital design, says the project has generated enough money from its views on YouTube to fund a scholarship. YOUTUBE/THE CANADIAN PRESS

Profitable hoax. Viral video wasn't real, but its YouTube popularity has generated real cash for Montreal school

A baby-stealing fake eagle is helping a deserving student take flight. The viral video of

the eagle, created by students at Montreal's Centre NAD, has received international media attention and had more than 41 million views on YouTube since it was posted on Dec. 18. The minute-long video purported to show an eagle swooping down and grabbing a toddler in its talons at a Montreal park.

And the school says it's also generated a few bucks that will go toward a scholar-

ship for a deserving student at the 3D animation and digital design school. School spokeswoman Claude Arseneault says the amount of the scholarship hasn't been determined because the cheque hasn't yet arrived from Google, YouTube's owner.

The school and the students who made the video can't profit from it because it was made with software bought under

Going viral

- Many people treated the hoax video as the real deal. It had only been on YouTube for 30 minutes before it got its first Reddit comment, and then the Twittersphere lit up. Within three hours of it being posted, mainstream media in Quebec, Australia and the United Kingdom picked it up.
- As people began realizing the video was a hoax, the students were bombarded with interview requests.

an educational licence. Arseneault said the AdSense account with YouTube wasn't even created until some time after it had been initially posted as the school ensured it could do it in accordance with its licences.

Putting the money to a good cause is fine with the video's creators, who were rewarded with a grade of A+ for their work on the class project.

THE CANADIAN PRESS

BB10 launch. Can RIM get its groove back?

Once a leader but now derided as a laggard, BlackBerry-maker Research In Motion hopes to regain the confidence of cynical smartphone users this week as the curtain is lifted on its much-anticipated new smartphones.

The stakes are high for the Wednesday unveiling, which many observers say will determine whether RIM survives to see the launch of another BlackBerry smartphone.

It has been a steep decline for RIM, which less than five years ago was the most valuable company in Canada, above Royal Bank. Affectionately called the CrackBerry maker, the mobile communications pioneer was Canada's crowning achievement of the technology sector.

At the height of its hype, the BlackBerry device was splashed across television shows and movies, while then-presidential candidate Barack Obama proclaimed he was a BlackBerry faithful during his first run at the White House.

Nowadays, when observers go through a litany of instances when the company stumbled, they point to everything from RIM underestimating the iPhone's potential; to its leaders being distracted by the possibilities that success brought them; to technical problems including a worldwide four-day outage in October 2011; to the failed launch of the PlayBook, RIM's answer to Apple's iPad.

They also mention the blow to RIM's reputation caused by the delay of its next-generation BlackBerrys, which were seen as the company's best hope to maintain market share against Apple and Android devices. The devices' planned release was pushed into 2012, then delayed again throughout last year.

When the BlackBerry 10 smartphones and operating system are finally showcased to the world this Wednesday, a new chapter in RIM's history will begin. THE CANADIAN PRESS

Philanthropy

Bloomberg's donations to alma mater top \$1B

New York City Mayor Michael Bloomberg is donating \$350 million US to Baltimore-based Johns Hopkins University, the bulk of it to help expand its research on such cross-

disciplinary issues as global health and urban revitalization, as his lifetime giving to his alma mater soars past \$1 billion US.

University officials said they believe Bloomberg, who amassed his fortune creating global financial services firm Bloomberg LP, is now the first person to give more than \$1 billion US to a single American university.

Most of the latest gift, \$250 million, will help foster cross-disciplinary work on global issues at Johns Hopkins, the university said.

The remaining \$100 million is to be devoted to need-based financial aid for undergraduate students, awarding 2,600 Bloomberg scholarships in the next 10 years.

THE ASSOCIATED PRESS



New York City Mayor Michael Bloomberg, shown on New Year's Eve in Times Square, is giving \$350 million US to Johns Hopkins University. GETTY IMAGES

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RYAN CASE ABOUT MORE THAN GENDER POLITICS



**URBAN
COMPASS**
Stephen Kimber
halifax@metronews.ca

"You obviously have something against Nicole Ryan," declared a reader of my column last week. In it, I'd questioned the Supreme Court's decision not to retry Ryan on charges she'd

hired a hitman to kill her husband. "I'm not sure what it is," the reader continued, "but it was extremely distressing to deal with the fact that you're now on the side of the abusers."

That reader certainly wasn't alone in extrapolating wildly from what I wrote.

I shouldn't have been surprised.

The case raises complex, emotionally charged issues about spousal abuse and the ways in which the courts deal with men and women in relationships who are accused of crimes against one another.

Questions still remain

The case raises complex, emotionally charged issues about spousal abuse and the ways in which the courts deal with men and women in relationships who are accused of crimes against one another.

While some women's advocates saw my merely asking why the courts had branded Michael Ryan "violent, abusive and controlling" without ever having heard his version of events as tantamount to supporting abusive men, men's rights crusaders bulled past my caveats ("I don't know whether to believe Michael Ryan's counter-claims...") and declared all men "victims of abuse as they endure false allegations by disgruntled exes and a gender-biased judicial

system."

While those arguments are worth having, this specific case raises specific questions requiring specific answers.

There is, for example, the question the court itself raised: How did the RCMP respond — and not respond — to Nicole Ryan's pleas for protection from her husband? Provincial Justice Minister Ross Landry is wrong to insist the RCMP be allowed to investigate itself. We have too much history of police protecting their own to have faith in an internal review.

Then there is the question the decision itself raised: How can the court conclude the trial judge shouldn't have allowed Ryan's lawyer to claim "duress," but then decide not to order a retrial?

The answer seems related to my initial question: How could the courts have branded Michael Ryan violent, abusive and controlling without having heard his testimony?

Senior Crown attorney Peter Craig is right, of course. It isn't the Crown's responsibility to protect the reputation of non-accused individuals — even intended victims — caught up in criminal cases.

But when the courts themselves draw damning conclusions based on that lack of testimony, we need to ask: Is it just?

Soldier games

Off-duty Harry plays butler to squad

Prince Harry's off-duty time in Afghanistan appeared to be full of war movies, board games and elaborate candy trades.

The 28-year-old helicopter pilot and fellow members of his squad swapped Kit Kats and Rice Krispies Squares for American soldiers' M&Ms, according to a British media pool report released Sunday.

Harry himself outlined

one of his less-prestigious duties. He said anyone who lost at Uckers — a military game similar to Ludo or Parcheesi — had to then wait on his comrades like a Buckingham Palace butler, ready with a fresh cup of tea whenever anyone rang their bell.

Harry returned to Britain on Wednesday after a 20-week deployment in Afghanistan in which he acknowledged that he had targeted Taliban fighters from the cockpit of his Apache attack helicopter.

THE ASSOCIATED PRESS

My 'Knit'tle Ponies take centre stage



ROB MCDUGALL/VISITSCOTLAND.COM

Scottish heritage

Ponies in jumpers promote Scotland

Scotland is experiencing rather cold, wintry weather as of late, and the locals are certainly dressing for it.

Shetland ponies Fivla, left, and Vitamin are donning traditional Fair Isle-style cardigans for a new advertising campaign championing the natural side of Scotland — the country's knits and farming communities.

METRO

Animal centre's viewpoint

"It was perhaps an odd request to get the ponies in Fair Isle (clothes), and a bit silly, but they were perfectly happy. Hopefully, these pictures will make people smile."

Jo Tonkinson, co-owner of Thordale Shetland Driving Centre, where Fivla (17 years old) and Vitamin (18 years old) are reared

It is believed that the ponies are related to the ancient Scandinavian ponies from when the islands were joined with Scandinavia (up until 8,000 BC).

Pony promotion power

'Iconic' animals draw attention of the world

Why use the diminutive horse to promote Scotland?

"The ponies are iconic around the world," said Amy Robertson, a spokeswoman from Visit Scotland.

"With Shetland wool and knitwear being so in demand, it seemed like a fun way to celebrate Shetland's natural landscapes, products and heritage."

METRO

Shetland Islands

- **Birdwatchers' paradise:** Home to around 200,000 puffins.
- **Life's a beach in Shetland:** Boasts 138 sandy beaches.
- **Vikings' fire fest:** Up Helly Aa is Europe's largest fire festival. Featuring a torch-lit procession, the annual festivities culminate in the burning of a replica Viking long ship that is then put out to sea.



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Twitter

@GrantMacLaren:

Wondering when the he- gotime is going to start working again aka is almost a week not long enough? @hfxtransit

@hmarien:

Working in a coffee shop is brutal. I'm totally ignoring work, eavesdropping on the most awkward second or third date ever and I can't stop.

@kathleenemily88:

Bridal show was a zoo. Dislike dislike dislike. #halifax

@damianpenny:

From all indications Movie 43 proves that good actors aren't necessarily good at sketch comedy. (Also see Robert Downey, Jr.'s time on SNL.)

@nancycdoyle:

What's worse than trying to spread cold butter on bread? Nothing.

@TheAudman:

These @HalifaxRainmen are making my Sunday afternoon hoops action very interesting! @NBLCanada

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Hollywood

Abrams vows to make Star Wars fans proud

J.J. Abrams calls getting assigned to direct the seventh live-action Star Wars film "as surreal as it is exciting."

The director-producer-writer spoke with a handful of media outlets on the red carpet before darting into the Producers Guild Awards on Saturday night. Abrams was there to accept the Norman Lear Achievement Award for such television works as *Felicity* (1998 to 2002), *Alias* (2001 to 2006), *Lost* (2004 to 2010), *Fringe* (2008/2013) as well as the current series *Person of Interest* and *Revolution*.

Abrams also is proving to be a go-to director of successful new films for long-established franchises, such as *Star Trek* and *Mission: Impossible*.

Last week, Lucasfilm officially announced Abrams' hiring for *Star Wars: Episode VII*, which has a tentative release date of 2015. *Star Wars* creator George Lucas personally endorsed Abrams in a statement: "I've consistently been impressed with J.J. as a filmmaker and storyteller. He's an ideal choice to direct the new *Star Wars* film and the legacy couldn't be in better hands."

As for Abrams' plans for *Episode VII*? "You know, obviously, it's so early," he replied. "I can just say what I want to do: I want to do the fans proud. I want to make sure the story is something that touches people. And we're just getting started. I'm very excited."

THE ASSOCIATED PRESS



J.J. Abrams. THE ASSOCIATED PRESS



Rob Corrdry says he could play the best friend role in romantic comedies for the rest of his life. HANDOUT

Whose line is it anyway?

Warm Bodies.

Rob Corrdry is the best friend of few words in this zom com that required some improv-muscle flexing



NED EHRBAR
Metro World News in Hollywood

Rob Corrdry is more than happy playing the best friend in romantic comedies, especially if it involves being a flesh-eating zombie. For *Warm Bodies*, he takes on the task of dispensing romantic advice to his love-lorn pal (Nicholas Hoult) without the help of verbal communication.

In the romantic comedy world, the best friend character is a pretty familiar role. How different is it when you only have four or five actual words of dialogue in the entire movie?

Before I auditioned for this, somebody said, "Are you sick of playing best friends all the time?" And I was like, "No." I wouldn't play the same one over and over again, but I would play shades of that stock character for the rest of my life. Because it's got everything, you know what I mean? You're often the comic relief, you have your own moments — usually, in good ones, in good stories — you have your own either comeuppance or realization. But this one is like, it doesn't get much of a different shade

of that character than this, so it was even more attractive to me.

Your bar "conversation" with Nicholas, with no words, was great. I think I've seen improv exercises like that.

Oh God. Yeah, I've suffered through some myself. This sounds like a brag, but it's very funny, actually. I pitched that conversation taking place at an airport bar, and (director) Jonathan (Levine) was like, "That's actually a good idea." We were at dinner or something and he got on the phone. I'd forgotten about it, and then about 10 minutes later he goes, "They're going to see if they can build the airport bar. I like that idea. By the way, that's a \$25,000 idea.

You just cost the production \$25,000 with this whim!"

How much of a challenge is improvising without the use of words?

I didn't find it a different challenge. Improv should only be a tool and not something that you abuse willy-nilly. Because if you're doing a script, it's because you really like the script and you like the words, and it's not yours to, like, make better somehow. As a matter of fact, I was never the fastest improviser on my team or whatever. But I was young, so I just thought I was bad. I wish I were doing it now, because you recognize it's like a team and everybody's got their job to do. It's like Moneyball, but for improv.

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Reynolds and his moustache are in the hospital

Burt Reynolds has been hospitalized with the flu and is being treated in a Florida intensive care unit, a rep for the 76-year-old actor confirms to E! News.

"He is doing better. They are taking care of him and his moustache," his rep jokes. "His fever is down and we believe he should be taken out of ICU very soon."



Burt Reynolds

Twitter



@Evalongoria

OMG 5 million followers! When did that happen?! Thx tweeples! I love u!



@chriscolfer

Just finished a chapter in TLOS2 where the twins meet Cinderella's Stepmother. It's very Grey Gardens meets Whatever Happened To Baby Jane.



@hughhefner

I hope everyone is enjoying the weekend. I will be working on my scrapbook this afternoon.



@oliviawilde

Kate Moss says "nothing tastes as good as skinny feels"? Huh. I'm pretty sure that's because you live in England, dude.



Liberty Ross

Liberty Ross files for divorce

Liberty Ross has filed for divorce from director Rupert Sanders after 10 years of marriage and in the wake of his highly publicized affair with his Snow White and the Huntsman star, Kristen Stewart, according to Us Weekly.

"This was a long time coming," one source says, explaining that Sanders "did want to try to repair

the relationship and didn't want a divorce." But according to another source, Ross found the betrayal impossible to get past. "They gave it a shot for the kids (but) she was just so angry," the source says. "She's the kind of person who wouldn't really ever get over it." The couple has two children, daughter Skyla, 7, and son Tennyson, 5.



Kristen Stewart and Robert Pattinson

'All is good' between Stewart and Pattinson

Kristen Stewart and Robert Pattinson, meanwhile, are reportedly doing just fine, despite his being in Australia shooting a new movie and tabloid reports speculating that a split between the Twilight co-stars is imminent.

"All is good," a source tells E! News, adding that Stewart is "not concerned" and "he isn't either" about their temporary separation. "She still plans on going to visit him at some point while he is there filming, but definitely not now," the source says.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Is this the set list for Beyoncé's Super Bowl XLVII halftime show?



THE WORD

Dorothy Robinson
scene@metronews.ca

Poor Beyoncé — can she keep anything under wraps? First her cover was blown about lip-syncing at the presidential inauguration by a member of the Marine Corp Band (loose lips sink ships — and

egos) and now someone has leaked her possible set list for her Super Bowl XLVII halftime show.

According to Us Weekly, the set will start out with just Beyoncé singing her solo hit, Crazy in Love, and then she'll be joined on stage with her Destiny's Child mates Kelly Rowland and Michelle Williams for Bills, Bills, Bills and Survivor. They'll then wrap up the performance with their new single, Nuclear.

The only way this reunion will be complete is if Tina Knowles comes back on board with her match-matchy, cheapo costumes she used to design for the girls. Make it happen, universe!

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IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

A Thomas Cook travel survey reveals that 77 per cent of Canadians plan to travel in

2013. This, despite the fact that many of them say they have to cut down on other expenditures in order to afford it.

Setting up a budget that includes saving for a trip can be tough. Start with deciding realistically where you want to go, how you'll get there, what you want to do and ultimately how much it will cost. It can be easy to research this information on

the Internet or work with an accredited travel agent.

Allow for a 10 per cent differential due to changing fuel and other variable costs, and remember to take into account "busy season" rates, depending on when and where you're travelling.

Once you have your target cost, look for areas in your current spending where you can save. For example, 61 per cent of families surveyed said

they would eat out less to save toward their vacation.

Cutting back on entertainment and other leisure activities can contribute to your vacation account. Set up a separate bank account (find a no-fee one) to start banking your bucks for a well-needed family getaway. **KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM OR FOLLOW KATHY ON TWITTER @ KATHYBUCKWORTH.**

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Keep Fluffy and Fido nice and toasty

Protecting Pets. Take precautions to keep dogs and cats safe as winter settles in

Don't let the fur fool you.

Dogs and cats can be somewhat insulated by their warm-feeling coats, but in the face of frigid temperatures, pet owners need to take extra measures in protecting Fluffy and Fido.

Assessing how long to let pets stay outdoors should be based on numerous factors including the animal's breed, coat type, general health and age, according to an online article originally published in 2010 by the Canadian Veterinary Medical Association.

Determining whether the pet has been acclimated to colder weather and its desire to spent time outdoors should also be considered, the association wrote. For example, "smaller, short-coated, ill or geriatric dogs" have less tolerance for cold, and consequently are limited by the time they may be able to spend outside, the CVMA noted.

"If you like to let your cat out in the backyard, let's say, to roam around on your own property for a short period of time, you should be supervising your animal in a cold weather environment," said Ontario SPCA inspector Paul Harrison.

"Cats are good in the snow, they're pretty hearty, but you may have an older cat whose systems may not be as strong as a younger cat."

If an animal is left outside unsupervised and snow, sleet or rain develops, it won't be able to hold its body temperature without proper shelter to take refuge in, he noted.

If a dog is kept outside in the backyard, Harrison said owners should ensure the shelter is raised above the ground and is well-insulated with shingles. The door should be facing away from prevailing wind.

It's also key to check that an animal's water supply hasn't been frozen and is housed in a non-spillable dish, with the



Dogs and cats can be somewhat insulated, but in frigid temperatures, pet owners need to take extra measures in protecting them. THE CANADIAN PRESS/GRAEME ROY

option to consider purchasing a heated water bowl, he added.

Koryn Greenspan, owner of Toronto-based Urban Dog Walks, believes in the BBC acronym for winter pet protection: booties, balms and coats.

Greenspan said her two and a half-year-old pooch, Georgia, is "very finicky" when salt gets into her front paws. Prior to taking her German shepherd-husky-collie mix outdoors, Greenspan tries to ensure her pet stays calm as she applies protective balm on Georgia's paws. "You just want to always instil trust and comfort because it's uncomfortable for the dogs at first to have their paws han-

Watch behaviour

"Most people know their animal so well. If they start acting differently than they normally would, it could be an indication that they're uncomfortable."

Ontario SPCA inspector Paul Harrison.

dled in that way."

The Canadian Veterinary Medical Association suggests trimming excess hair from between a pet's toes, where it tends to trap salt. Ensure any

residual salt is rinsed off or removed with a damp cloth and fully dried back at home. Coating the hair between the undersides of the toes with a thin layer of petroleum jelly can help to repel the ice, the association wrote. Both Greenspan and Harrison agree leaving dogs locked up in vehicles is a definite — and dangerous — don't.

"Some people think that because it's colder out they can sustain themselves in a car. They can't," said Greenspan. "If it's cold for you, it's cold for them, and dogs unfortunately can fall ill due to extreme cold weather." THE CANADIAN PRESS

Blackberries are like toddlers

There are a few similarities:

1. Mothers joke about how the only time they get to themselves is in the bathroom. This is a complete lie. The peaceful, private utopia usually lasts for only about 3.7 seconds, since both the toddler and the BB inevitably choose the most inopportune moment to interrupt with a whine, yell, thump, or buzz.

2. You've answered all the questions, soothed all the fears, and have powered down everybody and everything for the night. NOT. As soon as you slip into that blissful and necessary deep sleep, you will be awakened by the sound of whining. In this circumstance, the electronic toddler has one clear advantage: There have been no reported cases of a BB oozing out any liquids that require immediate clean up.

3. If they're quiet, you're constantly checking them to make sure everything is OK. If they're loud and interrupting, you just want them to shut up and go away.

4. You love them. You hate them. They drive you crazy when they're "on" and look adorable when they're sleeping.

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The In-Credibility Factor

Name: Sonya Esman
City: Toronto
Age: 17
Occupation:
 Fashion blogger,
 YouTube vlogger and
 actress



**THE IN-CREDIBILITY
 FACTOR**
 Teresa Kruze
 life@metronews.ca

At only 17 years of age, Sonya has started to make her mark in the fashion world as a blogger, a regular contributor on YouTube and as an actress (Deglassi, Camp Rock 2, Rookie Blue). She recently beat out contestants from around the world to win the #NokiaLVK Fashion Quest.

Two weeks ago, she jetted off to London, England to collect the grand prize: a chance to design a piece of jewelry with designer Leila Kashanipour of LeiVanKash.

I knew I was on my way when ...

I knew I was on my way when I found out that I won the #NokiaLVK Fashion Quest. It felt surreal because Leila of LeiVanKash is someone I really look up to and she blew me away with her



Sonya Esman flew to England to help design jewelry after winning the #NokiaLVK Fashion Quest. PROVIDED

knowledge and experience.

We decided on a limited edition design of a pair of earrings featuring a druzy stone.

Everything I came to London for I put on a piece of paper.

It was my take, my fa-

vorite jewelry put into her designs.

I thought it was absolutely beautiful and it will be featured in her line. In the future, I want to keep video blogging and I want to build a brand that will hopefully develop into my own career

and occupation.

Action Plan:

Keep practising your craft

Know what you want from your career or passion in life.

Don't be afraid to make mistakes and make good investments

If you're making YouTube videos, buy a good quality camera so it reflects in your work.

Network with other people and have mentors that can guide you

Do a lot of research because there are a lot of resources online that will help aspiring bloggers or YouTubers.

Frittata with Smoked Salmon replaces lox with cream cheese



ROSE REISMAN
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 rosereisman.com

This Frittata with Smoked Salmon, Cream Cheese and Dill is a light and healthy alternative to lox and cream cheese on a bagel.

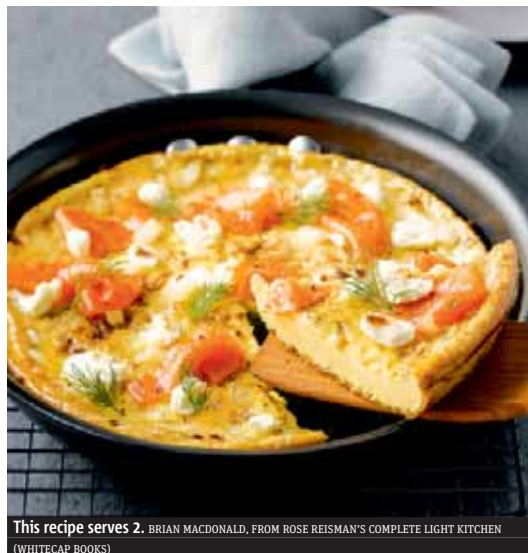
Serve it alongside whole grain toast or an English muffin for a complete meal. Smoked salmon freezes well and will keep in the refrigerator for up to one week.

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This recipe serves 2. BRIAN MACDONALD, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

1. Lightly coat a small non-stick skillet with vegetable oil spray. Heat the oil over medium heat and sauté the onion and garlic for 3 minutes, or until the onion is tender and lightly browned. Remove from

the heat and set aside.

2. Whisk the egg substitute, egg whites, milk, salt and pepper together. Add the onion mixture.

Ingredients

- 1 tsp vegetable oil
- 1/3 cup finely diced onion
- 1/2 tsp crushed fresh garlic
- 1/2 cup egg substitute (or 2 large eggs)
- 3 egg whites
- 1/3 cup low-fat milk
- pinch salt and freshly ground black pepper
- 2 tbsp low-fat cream cheese, softened
- 3 tbsp chopped fresh dill
- 1/4 cup diced smoked salmon

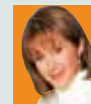
3. Spray a clean 10-inch skillet with vegetable oil, add the egg mixture and cook for 4 minutes, or until nearly set.

4. Dot the cream cheese overtop, cover and cook until the frittata is set, 2 minutes. Sprinkle with the dill and smoked salmon. Slip frittata onto serving platter with spatula.

5. Cut into wedges and serve immediately. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS) BY ROSE REISMAN**

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Swiss Chalet, aside from its delicious "jus" and chicken dinners, is known for other options. However, some of those options will pack on the calories.

Swiss Chalet Poutine

910 calories / 50 g fat

Just the name "poutine" can clog your arteries: French fries, cheese curds and gravy. With three quarters of your daily calories and fat, there's no room for any nutrition!



Equivalent

One Swiss Chalet Poutine is equal in calories to a 1 1/4 lb flank steak.

Swiss Chalet Classic Hot Chicken Sandwich (with white meat)

520 calories / 11 g fat

This is a more nutritious meal with lean protein and little fat.



QMJHL

Moose split home series

The Halifax Mooseheads had to settle for a split in their weekend home series at the Metro Centre.

Coming off a dominant 7-2 victory over the Sherbrooke Phoenix on Friday, the Mooseheads struggled to capitalize on their chances the next night, falling to rival the Quebec Remparts 4-2 in front of a capacity crowd of 10,595.

The loss halted Halifax's winning streak at seven.

The Mooseheads (39-5-2) were prepared for a fired-up opponent after dismantling the Remparts 11-2 in their own building last Friday.

They got exactly that. Halifax outshot Quebec 38-23, but it was the Remparts who had the edge in quality chances, especially early on.

Mooseheads' Jonathan Drouin picked up a goal and an assist in both contests, extending his point streak to 12 games (nine goals and 13 assists).

"Obviously we wanted a better result, but it was a series of mental errors that resulted in us losing," said Nathan MacKinnon of Saturday's loss. "I think we outplayed them. We just couldn't capitalize on our chances."

The Mooseheads are back in action on Thursday when they face the Chicoutimi Saguenéens on the road at 8:30 p.m.

ANDREW RANKIN/METRO

MMA

Grant gets fourth straight UFC win

Cole Harbour's T.J. Grant picked up arguably the biggest win of his Ultimate Fighting Championship career after stopping Matt Wiman late in the first round at UFC on FOX 6 on Saturday.

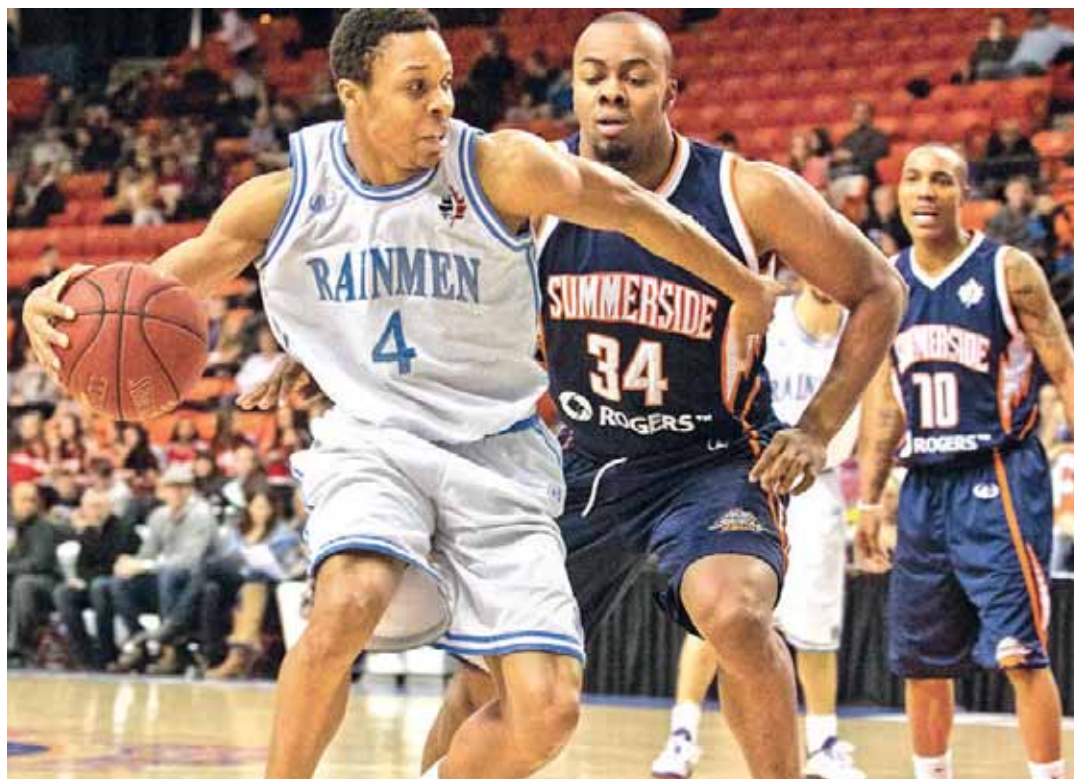
A series of brutal elbows and punches dropped Wiman at 4:51 in the first round, maintaining Grant's undefeated record in the lightweight division (4-0 and 7-3 overall).

"It turned out perfectly," said Grant in his UFC post-victory interview. "My plan was to keep Matt on his feet and try to exploit some holes and I know how tough and durable he's been. I was just glad to hurt him and put him away."

UFC president Dana White named Grant as a top-10 fighter in the UFC lightweight division during the post-fight press conference.

"This breaks this kid into the top 10, and he's got big fights ahead of him now," said White.

ANDREW RANKIN/METRO



Rainmen guard Joey Haywood protects the ball from Summerside Storm's Louis Birdsong during NBL game action at the Halifax Metro Centre on Sunday.

JEFF HARPER/METRO

Rainmen get revenge on Storm

Show time. Halifax shows mettle with come-from-behind win against conference-leading Summerside



ANDREW RANKIN

andrew.rankin@metronews.ca

After being embarrassed by the Summerside Storm on Friday night, the Halifax Rainmen got their revenge at home two days later.

Making up for that 135-90 road loss, the Rainmen put together a complete team effort to beat the Storm 121-



Scotties champ, Skip Mary-Anne Arsenault, on Sunday in Halifax.

JEFF HARPER/METRO

Quoted

"It's more satisfying because we paid more attention to detail this game."

Halifax forward Quinzel Brown

108 in front of 3,347 fans at the Metro Centre Sunday afternoon.

It wasn't easy. Down by nine in the second quarter, the Rainmen were able to grind down a very talented offensive team until finally taking a 62-61 lead at 8:32 in the third quarter.

From there Halifax stayed within its defence-first system. Halifax forward Quinzel Brown sealed the victory with a three-point play, giving the Rainmen a 112-101 lead with

2:06 left in regulation.

Led by Brown's 27 points, six Rainmen finished in double-digits in scoring, including Trayvon Lathan's 22 points and 13 boards.

Given that the Storm (17-11) also sit atop the Atlantic conference, Brown called the victory Halifax's biggest win of the season.

"We made changes to our pic-and-roll defence, identifying where our help defence has to come from," said Brown. "You see the results

today.

"But we can't be satisfied. We have to keep going."

With the win, the Rainmen climb to a 14-15 record — good for second place in the Atlantic conference.

Former Rainmen Josiah Turner made his first return to Halifax since being released from the team on Jan. 2. He was signed by the Storm last Monday and finished Sunday's contest with eight points.

The Storm's Brandon Robinson poured in a game-high 29 points.

The Rainmen are back in action on Thursday when they host the Moncton Miracles at the Metro Centre at 7 p.m.

Curling. Arsenault captures Scotties

Mayflower's Mary-Anne Arsenault and Co. will represent Nova Scotia at the national Scotties in Kingston, Ont., after defeating Glooscap's Jocelyn Nix 6-4 to capture the provincial Scotties Tournament of Hearts title at the Halifax Curling Club on Sunday.

Arsenault, with team-

mates Colleen Jones at second, Kim Kelly at third, and lead Jennifer Baxter broke open a 4-4 tie by stealing two in the ninth.

Nix and her team of Julie Morley, Andrea Saulnier and Jill Alcoe-Holland couldn't recover.

"It's very exciting," said Arsenault. "We had a strug-

gle at the beginning of the game but we stayed strong, stayed positive and stayed together."

Arsenault went 6-1 in round-robin action over the five-day tournament that started Wednesday. The nationals are scheduled for Feb. 16-24.

ANDREW RANKIN/METRO

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Baltimore Ravens safety Bernard Pollard stretches on Thursday at the team's training facility. The Ravens face the San Francisco 49ers in Super Bowl XLVII in New Orleans on Sunday. PATRICK SEMANSKY/THE ASSOCIATED PRESS

Super Bowl finalists prove defence matters

Big-game lead-up.
A pair of oft-penalized, hard-hitting defences are meeting in final

It was as if linebacker Ray Lewis, safety Bernard Pollard and the rest of the Baltimore Ravens defence set out to provide a quarter-by-quarter demonstration of how they do business.

About 11 minutes into the AFC championship game against Tom Brady and the New England Patriots, Lewis drew a 15-yard unnecessary roughness penalty for a helmet-to-helmet hit that pushed tight end Aaron Hernandez's chin strap up near his nose.

Then, in the second quarter,

linebacker Dannell Ellerbe gave New England another free 15 yards by hitting an offensive lineman in the face mask in response to an after-the-play shove.

Fast-forward to early in the third, and Pollard was flagged for his team's third personal foul of the day, thanks to a leaping hit against the helmet of receiver Wes Welker. Two plays later, Welker dropped a third-down pass.

A couple of minutes into the fourth, Pollard struck again. No penalty was called, but his helmet-to-helmet hit on Stevan Ridley resulted in a fumble and left the running back on his back, looking limp and helpless. Ridley left the game with a head injury, while the Ravens recovered the football and were

on their way to next Sunday's Super Bowl against the equally aggressive San Francisco 49ers.

In an age of high-powered offences in the NFL — this season's games featured 45.5 points, the highest average since 1965 — and more safety-conscious officials, two hard-hitting, oft-penalized defences are meeting in the final. Second-half shutouts of the Patriots and Atlanta Falcons in the conference title games were a reminder from the 49ers and Ravens that defence still matters.

Sometimes it isn't about some sort of newfangled, complicated Xs-and-Os defence, either. It's about players pushing it to the limit — and, sometimes, perhaps beyond — in a league taking steps to rein in certain kinds of hits.

"Being physical? That's vital, man. That's what we live by," Baltimore cornerback Cary Williams said.

What about San Francisco's defence?

"They're just as physical as we are," Williams replied, of-

Comparing defences

- Opposing offences scored 15.5 points per game against the 49ers, which ranked third in the 32-team NFL in the regular season. The Ravens gave up 20 per game, 11th best.
- The 49ers allowed only two touchdown passes of 20-plus yards, the lowest total in the league. Baltimore allowed six.
- During the regular season, the Ravens had an NFL-high 19 personal fouls. They were also penalized more yards overall than anyone else. The 49ers tied for fourth with 15 personal fouls and ranked fifth in penalty yardage.

fering what in his mind is probably the highest compliment he could pay another team's players.

THE ASSOCIATED PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
New Jersey	4	3	0	1	11	7	7
Pittsburgh	5	3	2	0	15	14	6
NY Islanders	5	2	2	1	18	18	5
NY Rangers	5	2	3	0	14	16	4
Philadelphia	6	2	4	0	13	18	4

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	4	3	0	1	12	8	7
Ottawa	5	3	1	1	16	10	7
Montreal	4	3	1	0	13	7	6
Buffalo	5	2	3	0	13	15	4
Toronto	5	2	3	0	14	17	4

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Tampa Bay	5	4	1	0	24	13	8
Winnipeg	5	3	1	1	15	14	7
Carolina	4	2	2	0	11	13	4
Washington	5	1	3	1	11	19	3
Florida	5	1	4	0	8	19	2

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

Sunday's results
Washington 3 Buffalo 2
Pittsburgh 2 Ottawa 1 (SO)
Montreal 4 New Jersey 3 (OT)
Tampa Bay 5 Philadelphia 1
Chicago 2 Detroit 1 (OT)

Winnipeg 5 NY Islanders 4 (OT)
St. Louis 5 Minnesota 4 (OT)
San Jose 4 Vancouver 1

Saturday's results
San Jose 4 Colorado 0
NY Rangers 5 Toronto 2
Chicago 3 Columbus 2
Philadelphia 7 Florida 1
St. Louis 4 Dallas 3
Los Angeles 4 Phoenix 2
Calgary 4 Edmonton 3
Anaheim 3 Nashville 2 (SO)

Monday's games — All Times Eastern
Boston at Carolina, 7 p.m.
Dallas at Columbus, 7:30 p.m.
Nashville at Phoenix, 9 p.m.
Colorado at Edmonton, 9:30 p.m.
Vancouver at Los Angeles, 10:30 p.m.
Tuesday's games
New Jersey at Boston, 7 p.m.
Philadelphia at NY Rangers, 7 p.m.
Toronto at Buffalo, 7 p.m.
Winnipeg at Montreal, 7:30 p.m.
Washington at Ottawa, 7:30 p.m.
Dallas at Detroit, 7:30 p.m.
NY Islanders at Pittsburgh, 7:30 p.m.
Florida at Tampa Bay, 7:30 p.m.
Columbus at Minnesota, 8 p.m.
Anaheim at San Jose, 10:30 p.m.

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	6	6	0	0	22	13	12
St. Louis	6	5	1	0	24	13	10
Detroit	5	2	2	1	11	16	5
Nashville	5	1	1	3	10	14	5
Columbus	5	1	3	1	9	18	3

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Minnesota	5	2	2	1	13	15	5
Vancouver	5	2	2	1	14	16	5
Colorado	4	2	2	0	9	9	4
Edmonton	4	2	2	0	11	13	4
Calgary	4	1	2	1	11	15	3

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
San Jose	5	5	0	0	23	8	10
Anaheim	5	3	1	0	15	14	6
Dallas	4	2	2	1	11	12	5
Los Angeles	4	1	2	1	8	12	3
Phoenix	5	1	4	0	17	20	2

TENNIS

ATP — WTA

AUSTRALIAN OPEN

At Melbourne, Australia

MEN

Singles — Championship
Novak Djokovic (1), Serbia, def. Andy Murray (3), Britain, 6-7 (2), 7-6 (3), 6-3, 6-2.

Doubles — Championship
Bob and Mike Bryan (1), U.S., def. Robin Haase and Igor Sijsling, Netherlands, 6-3, 6-4.

WOMEN

Singles — Championship
Victoria Azarenka (1), Belarus, def. Li Na (6), China, 4-6, 6-4, 6-3.

Doubles — Championship
Sara Errani and Roberta Vinci (1), Italy, def. Ashleigh Barty and Casey Dellacqua, Australia, 6-2, 3-6, 6-2.

NFL

SUPER BOWL XLVII

Sunday, Feb. 3 At New Orleans, La.
Baltimore vs. San Francisco, 6 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
Miami	28	13	.683	—
New York	27	15	.643	1 1/2
Chicago	26	17	.605	3
Indiana	26	18	.591	3 1/2
Brooklyn	26	18	.591	3 1/2
Atlanta	25	19	.568	4 1/2
Milwaukee	23	19	.548	5 1/2
Boston	21	23	.477	8 1/2
Philadelphia	18	25	.419	11
Detroit	17	27	.386	12 1/2
Toronto	16	28	.364	13 1/2
Orlando	14	29	.326	15
Cleveland	13	32	.289	17
Washington	11	31	.262	17 1/2
Charlotte	11	32	.256	18

WESTERN CONFERENCE

	W	L	Pct	GB
San Antonio	36	11	.766	—
Oklahoma City	34	11	.756	1
L.A. Clippers	33	13	.717	2 1/2
Memphis	28	15	.651	6
Golden State	26	17	.605	8
Denver	27	18	.600	8
Utah	24	20	.545	10 1/2
Houston	24	22	.522	11 1/2
Portland	22	22	.500	12 1/2
L.A. Lakers	19	25	.432	15 1/2
Dallas	19	25	.432	15 1/2
Minnesota	17	24	.415	16
Sacramento	16	29	.356	19
New Orleans	15	29	.341	19 1/2
Phoenix	15	30	.333	20

Note: division leaders ranked in top three positions regardless of winning percentage.

Sunday's results

Boston 100 Miami 98 (OT)
L.A. Lakers 105 Oklahoma City 96
Detroit 104 Orlando 102
New Orleans 91 Memphis 83
New York 106 Atlanta 104
Dallas 110 Phoenix 95
L.A. Clippers 96 Portland 83

Monday's games — All Times Eastern

Memphis at Philadelphia, 7 p.m.
Golden State at Toronto, 7 p.m.
Sacramento at Washington, 7 p.m.
Orlando at Brooklyn, 7:30 p.m.
Charlotte at Chicago, 8 p.m.
Indiana at Denver, 9 p.m.
Houston at Utah, 9 p.m.

Tuesday's games

Golden State at Cleveland, 7 p.m.
Milwaukee at Detroit, 7:30 p.m.
Dallas at Portland, 10 p.m.
New Orleans at L.A. Lakers, 10:30 p.m.

Djokovic wins record 3rd straight Aussie open

No shirt ripping or bare-chested flexing this time.

Novak Djokovic completed his work before midnight, defeating Andy Murray in four sets for his third consecutive Australian Open title and fourth overall.

"Winning it three in a row, it's incredible," Djokovic said after his 6-7 (2), 7-6 (3), 6-3, 6-2 victory Sunday night. "It's very thrilling. I'm full of joy right now. It's going to give me a lot of confidence for the rest of the season, that's for sure."

Nine other men had won consecutive Australian titles in the Open era, but none three straight years.

A year ago, Djokovic began his season with an epic five-hour, 53-minute five-set win over Rafael Nadal at the Australian Open, the longest Grand Slam final. He tore off his shirt to celebrate. The TV replays repeated constantly at this tournament.

He mimicked that celebration after coming back to beat Stanislas Wawrinka in five hours in a surprisingly tough fourth-round victory this time.

Since then, he's looked every bit the No. 1 player. He said he played "perfectly" in his 89-minute win over



Novak Djokovic celebrates his win Sunday at the Australian Open final in Melbourne.

THE ASSOCIATED PRESS

Women's final

Victoria Azarenka won her second consecutive Australian Open title on Saturday, beating Li Na 4-6, 6-4, 6-3 in a final that included a break for fireworks, two medical timeouts and a nasty fall to the court by Li.

- Azarenka, who broke down in tears and sobbed into her towel when the match ended, won her second major title and retained the No. 1 ranking.

Murray broke the 76-year drought for British men at the majors when he won the U.S. Open last year and said he'll leave Melbourne slightly more upbeat than he has after defeats here in previous years.

"The last few months have been the best tennis of my life. I mean, I made Wimbledon final, won the Olympics, won the U.S. Open. You know, I was close here as well," he said. "No one's ever won a slam (immediately) after winning their first one. It's not the easiest thing to do. And I got extremely close."

THE ASSOCIATED PRESS



Horoscopes

Aries

March 21 - April 20

Focus on the things that are going well for you rather than the things that are going wrong. Financially and affectionately you have much to look forward to, so be positive and before long positive things will occur.

Taurus

April 21 - May 21

You won't be able to hide your feelings over the next seven days – and nor should you want to. You will be much more outgoing and much more likely to tell others what you really think of them!

Gemini

May 22 - June 21

No matter how reserved emotionally you may be most of the time now you must go right the other way and leave those you love in no doubt how you feel about them. A hug and a kiss is always the best remedy.

Cancer

June 22 - July 23

You will find it easier to get along with authority figures as the new week begins. There will still be disagreements, of course, but at least you will be thinking along the same lines and pulling in the same direction.

Leo

July 24 - Aug. 23

The most important thing this coming week is that you keep a sense of perspective and remember that no matter how much you want to get ahead in the world personal relationships matter more. Love is the key.

Virgo

Aug. 24 - Sept. 23

You may be bored by what you are working on at the moment but the planets indicate that if you make a good job of it you will be rewarded with more enjoyable tasks in the future. Pretend that it's fun.

Libra

Sept. 24 - Oct. 23

Love will come back into your life this week and it won't be long before you feel in tune with the world again. Don't wait for loved ones to tell you how much they care – tell them how much you care first.

Scorpio

Oct. 24 - Nov. 22

Not even a Scorpio can keep moving at your present pace, so slow down and give yourself a break – yes, you CAN afford the time. If you fall behind in your schedule it means your schedule is too tough.

Sagittarius

Nov. 23 - Dec. 21

You have beaten off some serious challenges to your authority. Well done! Now you must find ways to get back in the good books of someone you fell out with along the way. What can you do to win them round?

Capricorn

Dec. 22 - Jan. 20

If you make an effort to see things from someone else's point of view today you will gain a valuable insight into why they think the way they do. Once you understand them you won't feel so threatened.

Aquarius

Jan. 21 - Feb. 19

Changes of one sort or another are inevitable over the coming week but that's a good thing, so don't hide yourself away from the world. The Sun in your sign will motivate you to make those changes work for you.

Pisces

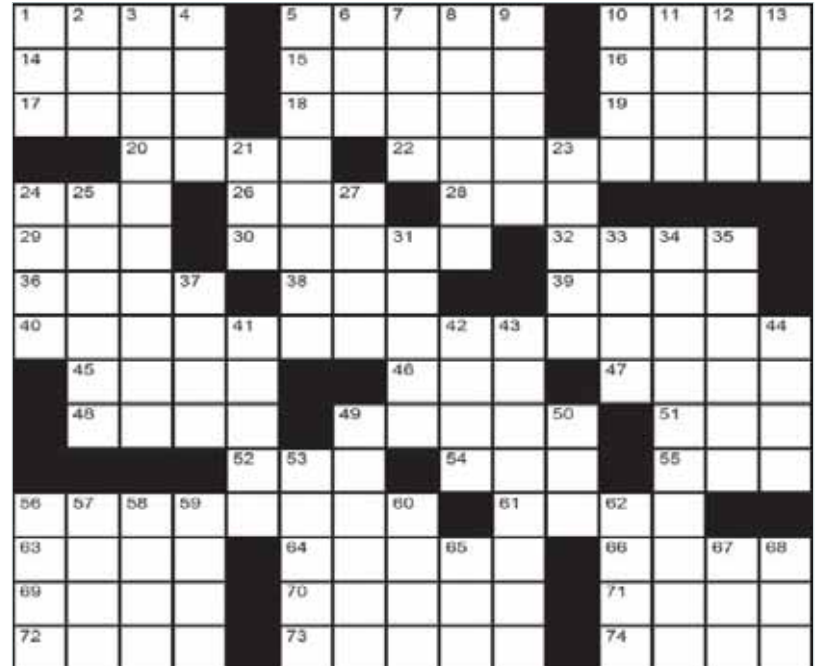
Feb. 20 - March 20

You will be pleasantly surprised by what happens over the next few days. Money matters will no longer worry you the way they once did and relationships and friendships will be a lot of fun. It's all good. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- BC-mined stone
- ___ Gwaii (Queen Charlotte Islands, formerly)
- Canadian actor Eugene
- Single-named supermodel
- Ms. Lavigne
- Nabisco cookie
- ___ McMurray, AB
- Poetry
- Intellect
- Actress Ms. Russell
- Canadian country singer, Crystal ___
- Camera mugger
- PEI part, for short
- Author Ms. LeShan
- Ms. Longoria
- London, England's tallest building, The ___
- "___ and Dumber" (1994)
- Net balls
- Canadian broadcaster Mr. Lewis
- Duelling weapon
- Chief Correspondent of CBC's "The National": 2 wds.
- "Finding ___" (2003)
- "S" of RSVP
- Priory of ___ in "The Da Vinci Code" (2006)
- The real thing, for short
- Premiere
- Whichever
- 'Jag' add-on (Posh car)
- Beaufort ___
- "Who Wants to ___ Millionaire"
- PM's official res. at 24: 2 wds.
- Jodie Foster movie
- "Charmed" sister
- Lyre-playing Muse
- De-squeaks
- Stuff
- Roman Myth: Romulus' twin brother
- Footprint
- Pas ___ (Solo ballet dance)
- Metalwork tool
- Better Than ___ (Rock band)

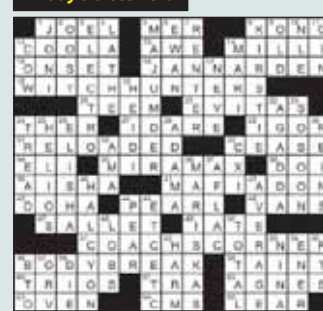


Down

- Peanut butter brand
- "La Isla Bonita" line: "Te dijo te ___"
- Universe stuff, in Cosmology: 2 wds.
- Duck, in Dusseldorf
- Dickensian Miss of Satis House
- Ottawa's Carling, e.g.
- Flawed goods, for short
- Shared juicy news
- Follow ___ (Sleuth)
- Toronto's Casa
- "___ Brockovich" (2000)
- Hawk
- George Lucas character

- Belonging to Providence's l'il state
- Flamingo, for one
- Beatles movie!
- Jennifer Aniston is the new face of this skincare brand
- Eruption's emission
- Shampooing direction
- Neil Sedaka's "Breaking ___ Hard to Do": 2 wds.
- Star's in-promotion-mode undertaking: 2 wds.
- "Scram!"
- ___-sweet chocolate
- Scoundrel
- The Baldwins, e.g.
- Dime schooner
- Irish singer
- "Celebrity Rehab" physician: 2 wds.
- ___ kwon do
- Lumberjacks
- Beach lotions' 15 and 30, e.g.
- "Ugly Betty" actor Michael
- U.S.S. Enterprise navigator
- Real estate verb
- Avatar of Vishnu
- Misplace
- Strong boat
- Celtic sea god
- Pampering resort

Friday's Crossword

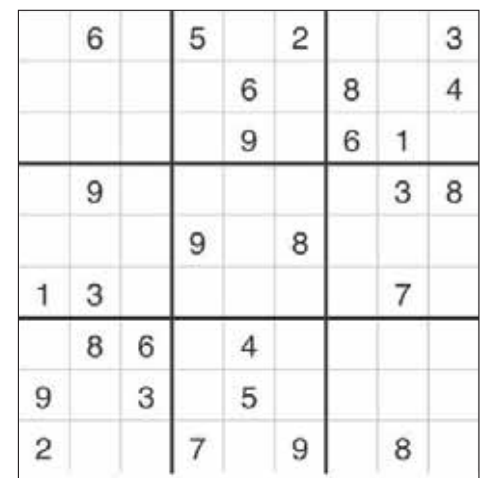
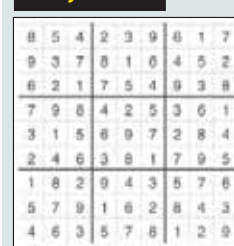


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Today

-7°/-10°
Sunny

Tuesday

-2°/-5°
Sunny

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